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Service Families Newsletter – Spring Term

Welcome to our Service Families Newsletter! The aim of this newsletter is to make sure you are aware of some of the resources available online, in school and through the RAF High Wycombe HIVE to support children with a parent on deployment and also during times of transition.

Tracey Clark is the HIVE Information Officer at RAF High Wycombe, (the HIVE is located in the building on the left as you enter 3 site). Tracey has access to several deployment based resources such as colour-in pillow cases, memory jars and vouchers for huggable heroes. Tracey and her team can also offer support to Service families during times of need and are also responsible for organising deployed activities. Tracey can be contacted on 01494 497831.

As a school, we are always keen to promote understanding of the curriculum and the importance of healthy eating. With this in mind, please see attached, some information on eating well and healthy lunchbox ideas. Below, are some links to some useful resources:

- Action for Children are currently running an 8 week 'Henry Healthy Eating Course in High Wycombe. For further details please e-mail: <u>hampdenwaycc@actionforchildren.org.uk</u>
- The Family Learning Team at Buckinghamshire County Council run Family Learning Courses in the local area focusing on helping parents to support their children's learning in English and maths. The course uses methods which are taught in school and resources are supplied to take home. The Family Learning Team also run courses around Healthy eating and Cooking for the family. For further information, please contact Jo Parsons at <u>flt@buckscc.gov.uk</u> I am currently in talks with Danielle Bowman the Community Development Officer at RAE High Wycombe, about the possibility of

Development Officer at RAF High Wycombe, about the possibility of holding a similar course on the station.

• The Family Learning website is designed to help children and parents learn whilst having fun. The website includes lots information explaining various aspects of the UK curriculum which may be of use to our families which have moved to the UK from abroad. The website also has links to games and activities on healthy eating and staying safe. www.familylearning.org.uk

We are always looking to add extra books to our Service Families section in the school library. We now have some non-fiction titles on Scotland, Wales and Afghanistan and would love to source some child friendly ones on Cyprus. If anyone has any ideas on where we could source one, or, have one they are happy to donate, please let me know.

The RAF High Wycombe Ben Club aimed at 5-7 Year olds will shortly be promoting their Reading Force Scrapbook challenge at their youth club sessions. On the front cover of the scrapbook is a postcard that can be completed and sent off to obtain a free book at no cost to you or the If you would like any resources to support your child whilst a parent is on deployment, please get in touch with either myself (via the school office) or Tracey Clark at the HIVE.









school. If every Service child in school completed a postcard, and donated their book to the school library, we would be 116 books better off! We hold copies of the Reading Force Scrapbooks for **all ages** in the school library.

Our military teddy is off on his travels very soon! I hope to have some photographs to share in the next newsletter.

Kind Regards,

Julie Spinks, Family Liaison Officer.